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*Specializing in the treatment of diseases
of the ear, nose, throat and sinus*

PATIENT INFORMATION MATERIAL

Lateral crural J-flap repair of nasal valve collapse

The lateral crural J-flap is an operation to correct a deformity or collapse of the partition of the external nasal valve. The usual purpose is to improve breathing such as in cases of a chronic stuffy nose and also in patients with snoring and/or obstructive sleep apnea who have a nasal component to the upper airway obstruction. When the external nasal valve is deformed, there is no medicine that will cause it to be opened, so surgery is the only solution to this problem. Nasal springs and/or breath easy strips are temporary solutions to this problem. The undesirable results that may occur include postoperative bleeding (usually easy to control), infection, nasal crusting, intranasal scarring, complications of anesthesia, and rarely, a change in appearance of the nose, such as notching of the alar rim. There are no guarantees in medicine and so you must be aware that there is also a chance that you may require further surgery to achieve the desired result(s). Any surgical procedure also carries a risk, albeit small, of death.

I/We have been given an opportunity to ask questions about my condition, alternative forms of treatment, risks of nontreatment, the procedures to be used, and the risks and hazards involved, and I/we have sufficient information to give this informed consent. I/We certify this form has been fully explained to me/us, and I/we understand its contents. I/We understand every effort will be made to provide a positive outcome, but there are no guarantees.

Signature

Witness

Date _____

Date _____

**External nasal valve =
area of collapse and
obstruction**

